

When teaching PE, we ensure that pupils are offered a wide range of physical activities, adapted accordingly, to ensure all pupils are able to benefit from sustained physical activity.

Intent
<p>The students at Green Gates arrive with a wide variety of needs alongside their social, emotional and mental health needs. In order to fully support our pupils in achieving optimum physical and emotional development.</p> <p>We aim for every child to:</p> <ul style="list-style-type: none"> <li>• <b>Engage</b> and see the <b>enjoyment</b> they can achieve from taking part in physical activity</li> <li>• Be able to understand how to work <b>cooperatively and collaboratively</b> as part of a <b>team</b></li> <li>• Develop their understanding of the principles of <b>fairness, sportsmanship and respect</b> which can be used to help them in their <b>future lives and careers</b></li> <li>• Have an understanding of how PE and physical activity can have an impact on their <b>general health, fitness and wellbeing</b></li> <li>• Be able to access a wide range of sporting activities, allowing every child to achieve <b>success</b></li> <li>• Leave primary school be able to Perform safe self-rescue in different water based situations. Swim competently, confidently and proficiently over a distance of at least 25 metres. Use a range of strokes effectively, for example, front crawl, backstroke and breaststroke.</li> <li>• Access a range of <b>enrichment activities in school and out of school</b> to supplement their PE lessons to ensure pupils are <b>physically active</b> for sustained periods of time.</li> <li>• To provide opportunities to go into the community and visit a range of different fitness places/events in the wider community.</li> <li>• Provide opportunities and references to promote the rights respecting articles.</li> <li>• Opportunities for all pupils to seek, access and develop their talents and interests in sports to an high quality.</li> </ul>
Implementation
<ul style="list-style-type: none"> <li>• We provide a variety of enjoyable and challenging PE lessons such as: invasion games, net and wall games, strike and field games, gymnastics, dance, swimming and outdoor activities.</li> <li>• A high quality, engaging curriculum is delivered following the National Curriculum</li> <li>• Pupils have the opportunity to attend swimming lessons in Year 5/6</li> <li>• Competition events are held regularly to support pupil's understanding of teamwork, leadership and fair play.</li> <li>• A wide range of enrichment opportunities such as horse riding, football coaching and dance are sourced to provide those pupils with opportunities in school, who would otherwise find it difficult to access.</li> <li>• Access a range of different play opportunities during break, lunch and golden time opportunities</li> <li>• CPD opportunities for staff to support them to deliver high quality PE lessons</li> </ul>
Impact
<p>Pupil Voice</p> <ul style="list-style-type: none"> <li>• Pupils speak confidently about their PE lessons and how they have been able to take part in a range of physical activities</li> <li>• Pupils can share how PE supports both their physical and mental wellbeing</li> <li>• Pupils can share how physical activity can support their emotional regulation</li> </ul> <p>Evidence in Knowledge</p>

- Pupils are aware of how to promote and improve their own health and fitness
- Pupils know how to lead a healthier lifestyle and why it is important to do regular exercise

Evidence in Skills

- Pupils have a development of skills, which progress through their time at school
- Pupils can take part in a wider range of activities with increased proficiency

Outcomes

- Pupils are able to make good or better progress, relevant to their individual needs.